

Mental Illness

a worship series on mental health





UNITED CHURCH OF CHRIST, CONGREGATIONAL

217 E. Liberty St. Medina, Ohio 44256 330-725-4559 www.uccmedina.org

*****Assisted Listening Devices Available – Please Ask Your Usher*****

LIVE STREAMING OF THE SANCTUARY SERVICE IS AVAILABLE AT UCCMEDINA.ORG

- *During the service, Jesus Vibes Sunday School is available for ages 3-8th grade*

“WELCOMING, LOVING, SERVING, WHERE GOD HAS NO LIMITS”

Please take a moment to sign the attendance pads, (located at the end of each pew) so that you know who is worshipping near you and you may greet them by name.

**Those who are able please stand*

RINGING OF THE BELL

PRELUDE “Brightest and Best are the Stars of the Morning” – arr. Janet Linker Cathy Fafrak, Organist

WELCOME

Leader: Good morning, Church! We are Medina, United Church of Christ, Congregational, and no matter who you are or where you are on life's journey,

People: **You are welcome here!**

PASSING OF THE PEACE

***OPENING HYMN**

“Gather Us In”

Words & music: Marty Haugen, 1981

GATHER US IN Irr.

© 1982 GIA Publications, Inc.



1. Here in this place, the new light is stream-ing, sha-dows of doubt are
2. We are the young—our lives are a mys-tery; we are the old, who
3. Here we re-ceive new life in the wa-ters; here we re-ceive the
4. Not just in build-ings, small and con-fin-ing, not in some heav-en,



van-ish-ed a-way. See in this space our fears and our dream-ings,
yearn for your face. We have been sung through-out all of his-tory,
bread of new birth; here you shall call your sons and your daugh-ters,
light years a-way, here in this place the new light is shin-ing;



brought here to you in the light of this day.
called to be light to the whole hu-man race.
call us a-new to be salt for the earth.
now is God pres-ent, and now is the day.



Gath-er us in, the lost and for-sak-en; gath-er us in; our
Gath-er us in— the rich and the haugh-ty; gath-er us in— the
Give us to drink the wine of com-pass-ion, give us to eat the
Gath-er us in and hold us for-ev-er; gath-er us in and



spir-its in-flame. Call to us now, and we shall a-wak-en;
proud and the strong; give us a heart so meek and so low-ly;
bread that is you; nour-ish us well, and teach us to fash-ion
make us your own; gath-er us in, all peo-ples to-geth-er,



we shall a-rise at the sound of our name.
give us the cour-age to en-ter the song.
lives that are ho-ly and hearts that are true.
fire of love in our flesh and our bone.

***CALL TO WORSHIP**

Sometimes we can't win.

We hate crowds and being alone.

There are times where nothing feels right.

Why is everything just so hard? How come no one notices?

In this place we can state our need for Jesus

And our need for medication.

Better living through chemistry.

Better community through honesty.

Be with us in our worship, Holy One,

and help us be a good neighbor in your beloved community. Amen.

ANTHEM

"I Need Thee Every Hour – John Ness Beck

Chancel Choir

SCRIPTURES

Isaiah 9:1-4 (O.T. pg. 600)
Matthew 5:27-30 (N.T. pg. 4)

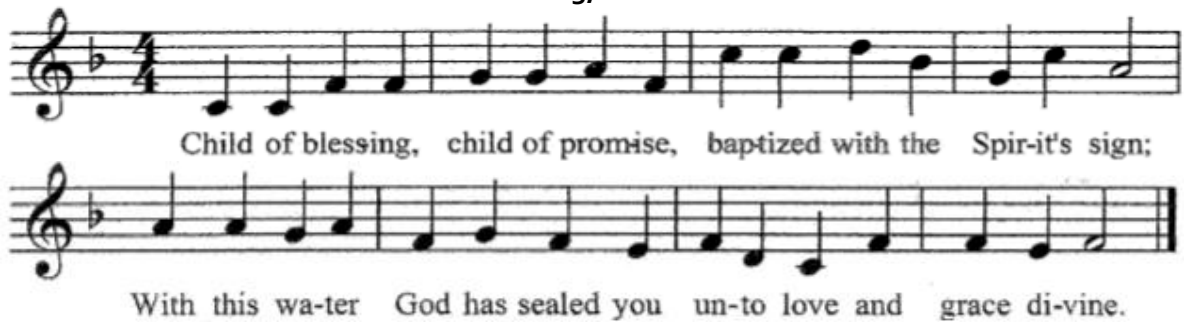
Pam Branscome, Liturgist

MESSAGE FOR THE WHOLE FAMILY OF GOD

Stacie Yates

BAPTISM OF CHARLOTTE LOUISE GRANDINETTI

"Child of Blessing, Child of Promise"

**Question to the Congregation**

I commend to your love **Charlotte Louise Grandinetti** whom we receive as a child in the family of God. Through your lives and example, will you support these parents in their desire to guide **Charlotte** in the knowledge and love of God and of our savior Jesus Christ?

People: In joyful response to God's grace, we promise our love, our support and our care.

The Lord's Prayer

Our Father who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread and forgive us our debts as we forgive our debtors. And lead us not into temptation, but deliver us from evil, for thine is the kingdom and the power and the glory forever. Amen.

PRAYERS OF THE PEOPLE

Joys and Concerns

Pastoral Prayer

SERMON

"Heavy Burdened: Mental Illness"
with Ann Nagy, Head of the Medina UCC WISE Team


Rev. Dr. Luke Lindon

HYMN

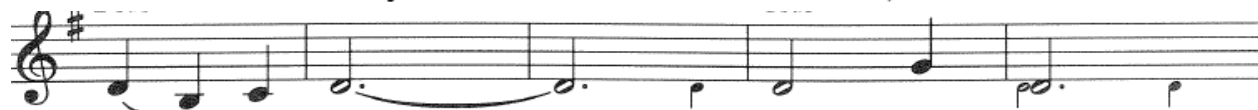
"Blest Are They"

Words and music by David Haas, b. 1957

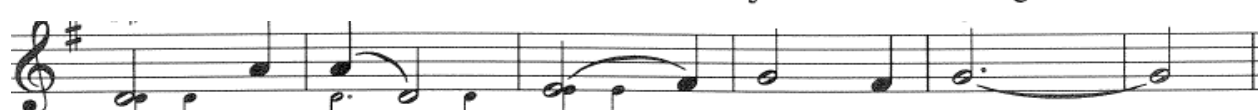
Words and music © 1985 GIA Publications, Inc.



1 Blest are they, the poor in spir - it, theirs is the
 2 Blest are they, the low - ly ones, they shall in -
 3 Blest are they who show mer - cy, mer - cy
 4 Blest are they who seek peace. They are the
 5 Blest are you who suf - fer hate, all be -



king-dom of God. Blest are they,
 her - it the earth. Blest are they, who
 shall be theirs. Blest are they, the
 child-ren of God. Blest are they, who
 cause of me. Re - joice be glad,



full of sor - row, they shall be con - soled.
 hun - ger and thirst, they shall have their fill.
 pure of heart, they shall see God.
 suf - fer in faith, the glo - ry of God is theirs.
 yours is the king-dom; shine for all to see.


Refrain



Re - joice and be glad!



Bless - ed are you, ho - ly are you! Re - joice



and be glad! Yours is the king-dom of



God!

To verses Final

OFFERING OURSELVES AND OUR GIFTS

There is an offering plate if you feel led to deposit your envelope or an offering there. You can also give through our Realm app or get the link to give by texting UCCMEDINA to 73256. Thank you for your prayerful consideration!

Offertory Invitation

Loyal to you, oh God. Loyal to each other.

Help us understand.

May what we offer help us to build understanding, so we aren't cutting each other off.

Help us to no longer dis-member your body oh, Lord. Help us re-member it.

Let us rise in body or spirit and sing our praise to our creator.

*Doxology (words, Ruth Duck, ©2005, GIA Publications)

Praise God, the Source of life and birth; Praise God, the Word, who came to earth;

Praise God, the Spirit, holy flame; All glory, honor to God's Name! Amen.

*Prayer of Dedication

Blessed are you; the medicated. Those with the diagnosis. Those in therapy. Those healing. Those with trauma and anxiety. Those with certain letters after your name and in your MyChart. Blessed are you, beloved of God. We are dedicated to you in this community of Christ. Amen.

*CLOSING HYMN

"Bring Forth the Kingdom"

BRING FORTH Irr. w/ref.

Paraphr. by Marty Haugen, 1986; alt.

Marty Haugen, 1986; © 1986 GIA Publications, Inc.



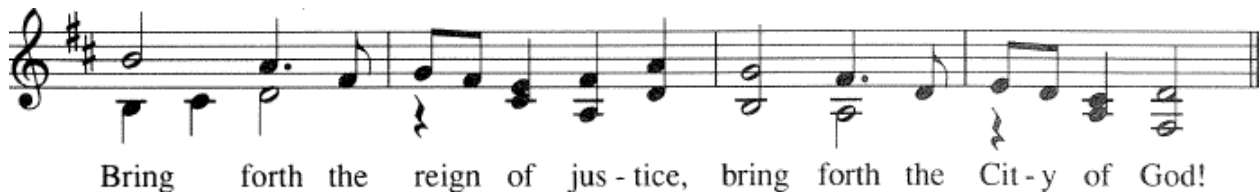
1 You are salt for the earth, O peo-ple: salt for the reign of God!
2 You are a light on the hill, O peo-ple: light for the Cit-y of God!
3 You are a seed of the Word, O peo-ple: bring forth the reign of God!
4 We are a blessed and a pil-grim peo-ple: bound for the reign of God!



Share the fla-vor of life, O peo-ple: life in the Cit-y of God!
Shine so ho-ly and bright, O peo-ple: shine for the Cit-y of God!
Seeds of mer-cy and seeds of jus-tice, grow in the Cit-y of God!
Love our jour-ney and love our home-land: love is the Cit-y of God!



Bring forth the reign of mer-cy, bring forth the reign of peace;



ANNOUNCEMENTS

*BENEDICTION

The people walking in darkness,
have seen a great light!
God has enlarged our sense of belonging,
And increased our joy!
May what we have done here,
Shatter the yoke that burdens our neighbor.
And we are blessed to find ourselves freed as well.
You have been blessed to be a blessing, go! For this service has ended,
And our service now begins. Amen!

*CONGREGATIONAL RESPONSE "God Be with You"

God be with you 'til we meet again; By His counsels guide uphold you;
With His sheep securely fold you; God be with you 'til we meet again.

*POSTLUDE "Shine, Jesus, Shine" setting by John Carter

Cathy Fafrak, piano

"MORE THAN CHURCH ON SUNDAY"

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****Please join us for Coffee Hour in Fellowship Hall following the service****
Coffee Hour is hosted this week by John & Kathi Kavouras

THE PILGRIM MESSENGER

JANUARY 22, 2023

“WELCOMING, LOVING, SERVING, WHERE GOD HAS NO LIMITS.

MORE THAN CHURCH ON SUNDAY!”

Live streaming of the Sanctuary service is available at www.uccmedina.org/live

January 22, 2023 thru January 29, 2023

WEEK AT A GLANCE

Sun	8:15 am	Chapel Worship
	9:00 am	Gathering Worship
	9:45 am	Children's Choir
	10:30 am	Sanctuary Worship <i>Baptism of Charlotte Louise Grandinetti</i>
	11:30 am	Senior High Summer Service Trip Meeting
	3:00 pm	Confirmation Class
Mon	6:30 pm	Women's Bible Study
Tues	2:00 pm	Defense Against the Dark Arts
	7:00 pm	Defense Against the Dark Arts
Wed	10:30 am	Quilters
	6:15 pm	Bell Choir rehearsal
	7:30 pm	Choir rehearsal
Thurs	7:00 pm	Congregational Council
Fri	6:15 pm	Confirmands to Temple Israel
Sat		
Sun	8:15 am	Chapel Worship
	9:00 am	Gathering Worship
	9:45 am	Children's Choir
	10:00 am	3 rd Grade Bible Parent Meeting
	10:30 am	Sanctuary Worship
	11:30 am	Annual Budget Meeting

ANNUAL MEETING NEXT WEEK

Friendly reminder to ask you to please join us for our Annual Meeting taking place on Sunday, January 29th after the 10:30 service. We need to have a quorum to vote on matters to move forward.

Annual Reports are available today in the East Room and Fellowship Hall for you to view prior to the meeting.

Worship Highlights: 8:15 am & 10:30 am

Scriptures: Isaiah 9:1-14 & Matthew 5:27-30

Sermon: “Heavy Burdened: Mental Illness”

Rev. Dr. Luke Lindon

With Ann Nagy, head of the UCC WISE Team

9:00 am “Membership”

Communion Table: The flowers are given by the church in honor of today's baptism.

SENIOR HIGH SUMMER SERVICE TRIP INFORMATION SESSION

If you are interested in participating in our trip to Back Bay Mission, July 9th-15th, please come to this informational session in the library **after worship on January 22nd**! This trip is for youth who are entering 9th grade in 2023, and older. We also need adult volunteers who can help with driving, home repairs, and preparing group meals. See you there!

NEW MEMBER CLASSES

Join is for our upcoming New Member classes! We believe anyone is welcome to gather with us, but there is something special about making a deeper commitment to contribute to what God is doing is and through Medina UCC – and these classes are a great place for us to cast this vision, hear your story, and help you take the next step to commit to calling UCC your church home.

The next New Member class will be on Monday, January 30th and February 6th at 7 pm in the new library. New members will join the church on Sunday, February 12th.

If you wish to participate, you may contact the church office at 330-725-4559 or register through REALM.

THIRD GRADE BIBLE PARENT MEETING

**Sunday, January 29th at 10:00 am
in room 9/10**

There will be a meeting for all parents of third graders who wish to receive their bible. At the end of the classes, the students will each receive their own bible during 10:30 worship on April 16th. Please see Stacie Yates if you have any questions.

DONATION OF THE MONTH

As we settle into the new year, the Mission Team would like to start a monthly household product donation. Many of the organizations we are starting to partner with need basic products like hand soap, paper towels, detergent, etc. Each month one of these items will be the "Donation of the Month." The donation bin is by the Mission Team table across from the elevator when you enter the church. If you would like to donate an item, place it in the bin and the Mission Team will distribute the items to the organizations in need! Thank you! **The first item we will be collecting is paper towels.**

COMMUNION TABLE FLOWERS

We still have openings to sponsor the communion table flowers. Please consider signing up today! This is a wonderful way to honor or remember someone, or to celebrate a special occasion. Please fill in your name and **write "Church" or "Self"** to let us know if you would like the church to order the flowers for you or if you will be ordering them yourself. The cost of the flowers ordered through the church office is \$22.50. **Also, please write what you would like printed in the Messenger and if you want to claim your flowers** after the 10:30 service.

MEN'S BREAKFAST

Mark your calendars for the next Men's Breakfast on Tuesday, February 5th at Buehler's River Styx at 8:00 am. All men of the church are invited. No reservations are required. Hope to see you there!

DEFENSE AGAINST THE DARK ARTS

In this class, Pastors Luke and Meghan will instruct you one how to defend yourself against the Dark Arts of using scripture to support acts of homophobic cruelty. Join us as we practice reading the Bible with flexibility and curiosity together on Tuesdays at 2pm and 7pm. All youth and adults welcome!

GIVING FROM THE HEART A Gift to the Endowment Fund

January's chilly days give way to February's bright red hearts of Valentine's Day. A reminder of loving and giving—and a time to focus on the return of the

Endowment Fund Giving Tree

What is a Giving Tree? The GIVING TREE is a cheerful evergreen tree with colorful hearts attached to the soft boughs. Each HEART is a reminder to folks to select a HEART off the tree and keep it as a reminder to make a gift to the Endowment Fund. The church giving has been generous in the past. The Endowment Fund enriches the life of our church.

Some of the projects and efforts supported by Endowment over the past few years include:

- Trips to Costa Rica
- Crossroads display in the Hallway
- New furniture for the East Room
- Support for the Operating Budget
- Our wonderful Historical Marker
- Bicentennial Memories
- Portable Sound System
- Ladies & Girls Spring Tea

Now is the time for the spirit of your heart to be made real in our church. Please stop by the elevator landing and take a HEART. Keep it as a reminder to give generously from your heart. The cheerful giver within you will rejoice!

ALL TEAMS RETREAT

Want to have a say in what direction our church is heading? Have an opinion you'd like to share? Just want to have some fun and fellowship with the leadership of the church? Come join us for our Church's Goals and Growth Retreat on February 11th at Krabill Lodge by Chippewa Lake (7597 Ballash Rd., Medina, OH 44256).

This is an all teams retreat with Luke, Meghan, the Moderators and (at least) one member from each church team. We will meet from 9-3. Please RSVP if you plan on attending as we will be providing lunch and need to know how many people to provide for.

RSVP by registering through [REALM](https://realm.org) or email Dan Daubner at DDaubner@zoominternet.net

The deadline for submission of articles for NEXT Sunday's *Messenger* is this Sunday at 11:30 am

Please submit articles to the church office at office@uccmedina.org

CHURCH OFFICE HOURS: 9:00 am – 3:00 pm MONDAY THRU FRIDAY

PASTORAL STAFF

Rev. Dr. Luke Lindon, Senior Minister - luke@uccmedina.org

Rev. Meghan Malone, Associate Pastor of Youth & Mission - meghan@uccmedina.org

Karen Brocco-Kish, Visitation Pastor – karen@uccmedina.org

Ryan Collins, Ministerial Intern - ryan@uccmedina.org

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Jennifer Cochran, Director of Music - jenny@uccmedina.org

Cathy Fafrak, Organist – cathy@uccmedina.org

Jennifer Vilimonovic, Director of Hobby Horse Preschool – jen@uccmedina.org

Rebecca Rosen, Nursery Supervisor

Jack Sharpe, Maintenance

Sharon Perry, Custodian

Matthew 4:12-23

Called Together

Wonderful Creator, In the beginning you made the world – rocks and trees, water and animals. You created, and you looked on your creation and called it good. Good, you decided, but not complete. And so you created us. You made people. You created us to be beautifully diverse – with many colors of skin, many levels of ability, many shapes and sizes. In our diversity, you also created us with a common longing – to love and be loved, to grow and thrive, to live lives of meaning and purpose.

Brother Christ, You came to earth to show us how to be both fully human and completely divine. You loved and cried, taught and touched, died and rose again. By your healing touch, you brought others close to you and to your heavenly Parent. You modeled for us how to live lives of sacrifice and service, how to be healers of the ills of body and mind. You encouraged us to be bringers of hope to all we encounter.

Holy Spirit, You are the Advocate. You accompany us day by day, hour by hour, breath by breath. You are the challenger, the encourager and the sustainer. You impel us toward places of need and longing in your world and infuse us with the desire to be your people. You lift us, giving us energy when our own spirits flag. And you promise to remain with us, no matter what.

Creator, Redeemer, Sustainer; you are both one and three. You are both distinct and in relationship. As neither one part of your divine being is complete without the others, so we are called to lives of radical interconnectivity. Create in us a desire to bring hope and healing to all we encounter. In your many powerful names we pray, Amen.